

The third quarter was very tough for bond investors as yields surged and prices – which move inversely to yields – dropped. The selloff was led by intermediate and long-term Treasury Bonds, whose yields rose to the highest levels in more than a decade. Bond market performance was mixed, with UK Corporate Bonds and Global High Yield Bonds recording marginally positive returns, in contrast to UK Gilts which fell -0.8%. Gold also lost its shine, falling nearly 3.5% over the quarter.

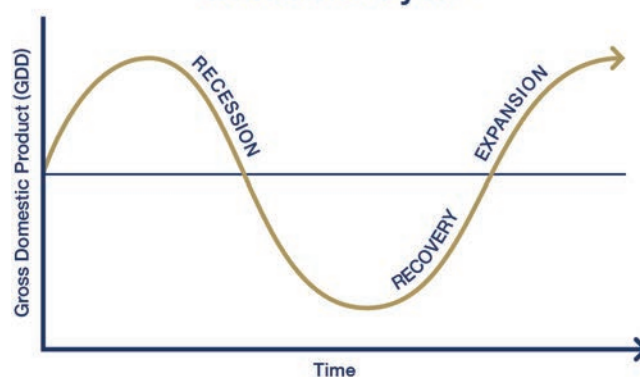
Both the Federal Reserve and Bank of England paused on interest rate hikes in September, nonetheless continuing their hawkish rhetoric. The ‘higher interest rates for longer’ narrative continued to contribute to some of the recent weakness as markets have yet again failed to predict policy direction, a common theme over the last 18 months. The re-pricing of expectations saw the futures market (who were betting that US interest rates would be about 4.2% by the end of 2024) now place their expectations on rates of 4.8%.

The best performing major equity market in local currency terms was the UK, returning 2.19% over the quarter in part thanks to its relatively large tilt towards the energy sector, which was supported by a sharp rise in oil prices. Returns were negative in all other equity regions. Both Japan and Europe sank -4%, with the technology-heavy US market indices falling -3.5%.

It’s important to highlight just how concentrated stock market returns have been throughout this year. On the face of it, the US stock market index is still up 10% year-to-date; however, the average stock in the index is up just 1.4% YTD. Of the 499 stocks currently in the index, more stocks are now down year-to-date than up (254 down versus 247 up). The ten largest stocks in the S&P are still up an average of 65% in 2023. The 489 other stocks in the index are up 0.10% on average.

As we turn our attention towards the final quarter of 2023, markets continue to be focused on inflation and what that means for interest rates. Inflation appears to have somewhat stabilised but it is well above the 2% to 3% target range set by policy makers. The key thing to remember is that it’s normal for markets to move up and down, and volatility should not be the deciding factor on whether to exit your investment. It’s important to stress the benefit of patience with investing, remembering the old adage: “It’s about time in the market, not timing the market”.

Economic Cycle



Despite the negative media headlines, inflation, rising interest rates and recessions are a normal part of an economic cycle. Markets have experienced them in the past and have always bounced back stronger. This time is no different, and one should not lose sight of the long-term attractions of investing.

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